



# SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN

(Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai)

KAIKKURICHI, PUDUKKOTTAI-622 303.

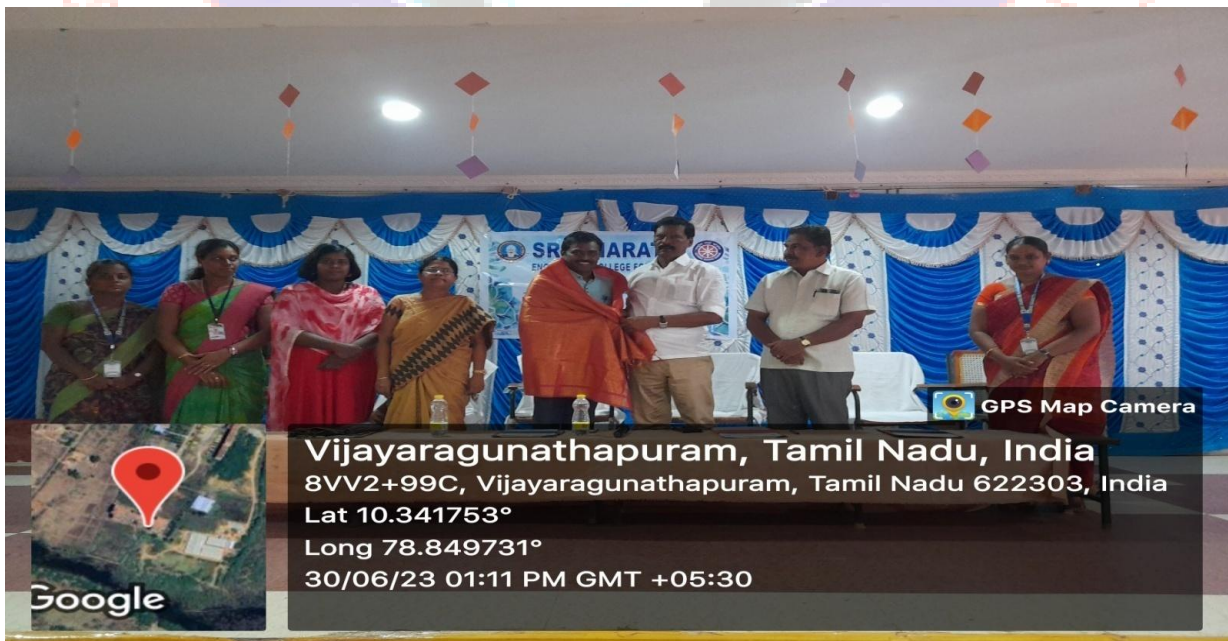


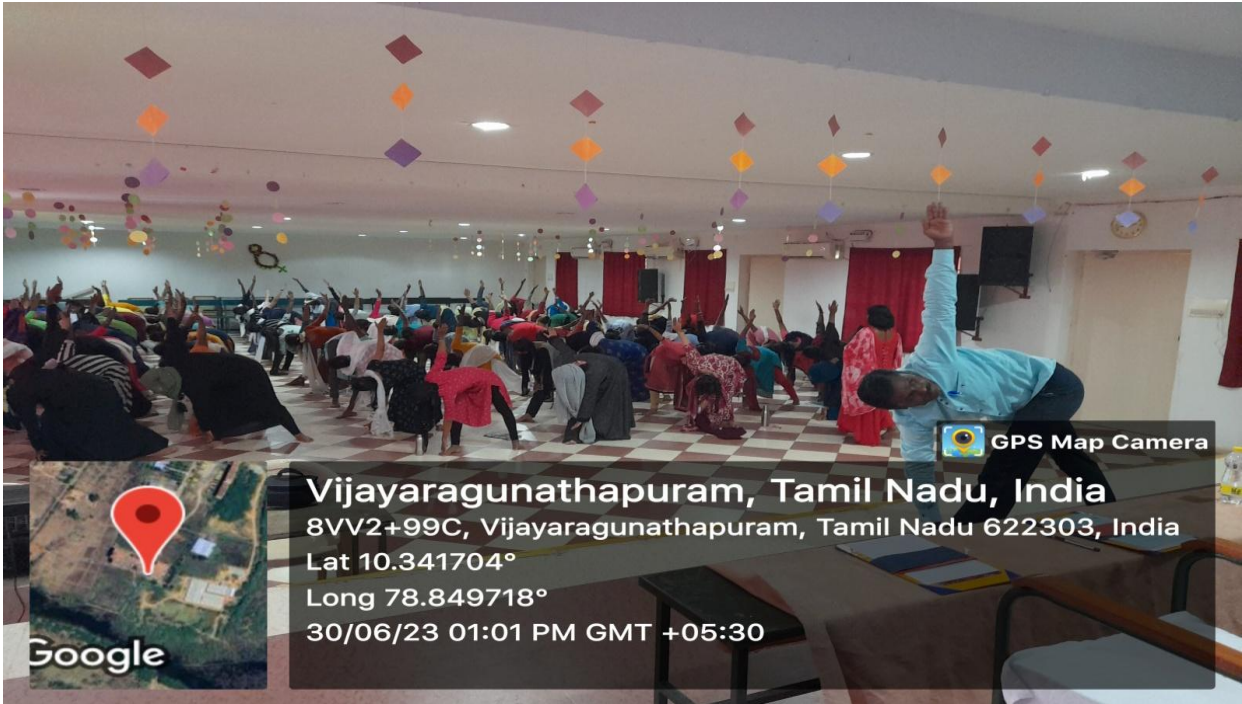
## REVIVE YOUR SPIRIT –A YOGA PROGRAMME

### REPORT

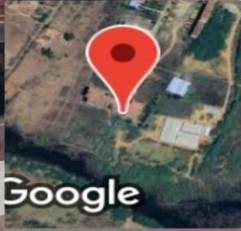
“REVIVE YOUR SPIRIT –A YOGA PROGRAMME” was conducted in Sri Bharathi Engineering College for Women on 30<sup>th</sup> June 2023.

The Program Chief guests were **Aathma Yogi R.Pandiyarajan and Mrs.Y. Bhuvaneshwari (Yoga masters) Aathma yoga Foundation**. 115 students, Faculty members and nearby Village people were participated in the program. The program started by welcome address presented by Ms.Priyanka from I Year/ ECE department. Chief Guest had honored by **Mr.G.Dhanasekaran**, Chairman, Sri Bharathi Educational Institution. Then, the session was handed over to our Guests. Mrs.Y.Bhuvaneshwari gave general talk on yoga practice and motivated students to do aasannas. Together we had performed aasannas and the session was so interactive. Later the session was ended with the small talk by MASTER R. Pandiyarajan. Finally the feedback was given by the students. Later, the vote of thanks was given Ms.K.Uma Maheshwari I Year/CSE.

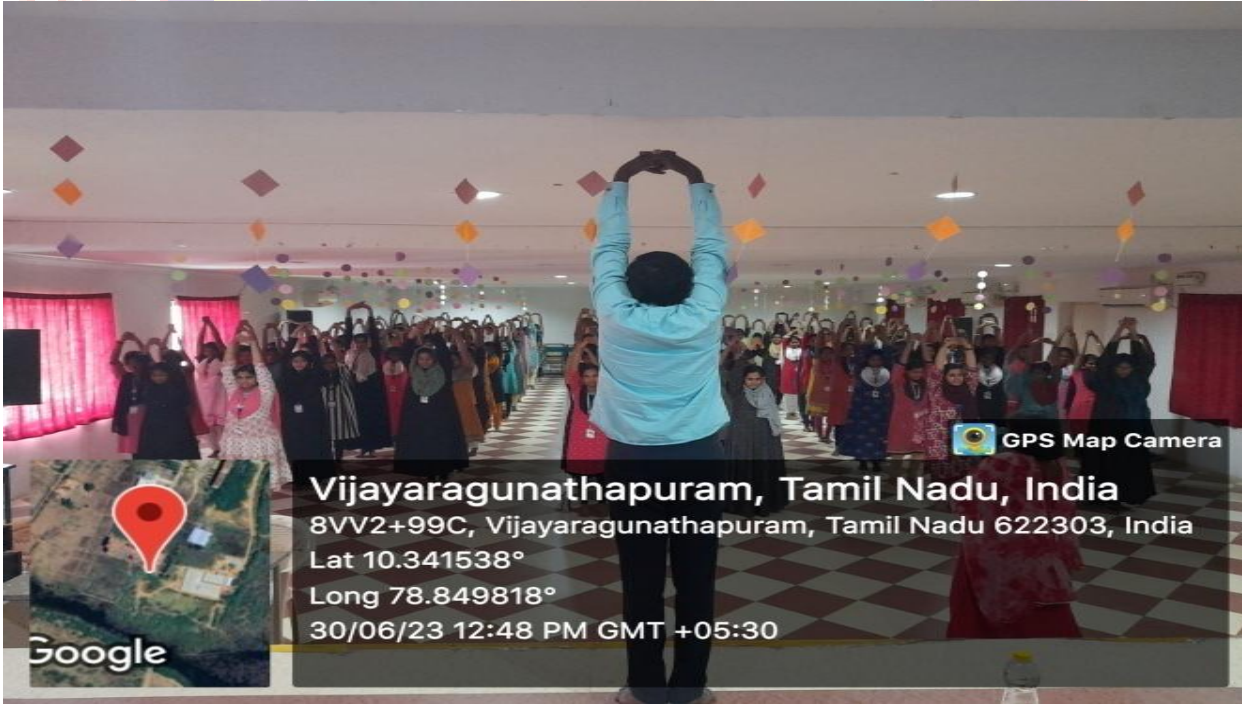
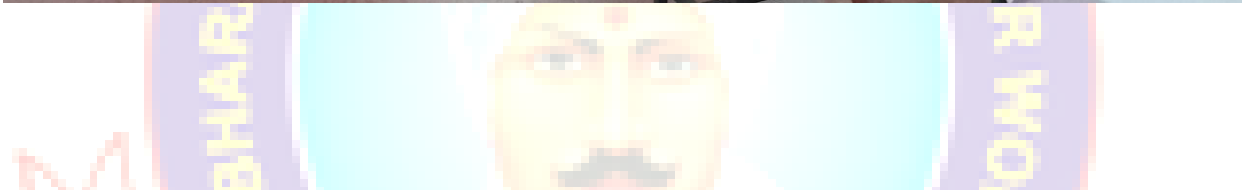




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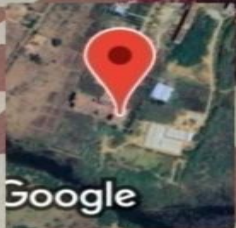
**Vijayaragunathapuram, Tamil Nadu, India**  
8VV2+99C, Vijayaragunathapuram, Tamil Nadu 622303, India  
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**Vijayaragunathapuram, Tamil Nadu, India**  
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Vijayaragunathapuram, Tamil Nadu, India  
8VV2+99C, Vijayaragunathapuram, Tamil Nadu 622303, India  
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